



## The impact of excessive meat consumption on the environment and on public health

### Questions to discuss with your child:

- If we do nothing about meat consumption, what will the outcome be?
- Is there likely to be a natural reduction in the amount of meat we eat anyway, as attitudes change and as people become better informed about the impact of excessive meat consumption on their health and the health of the planet?
- Are there other ways to lessen the impact on the planet by, for example, changing farming techniques?
- What influences the choices people make about what they consume?
- What are some of the ways that public bodies could go about enforcing a reduction in general meat consumption?
- Who would those approaches affect?
- Would they affect some groups more than others? For example would they have more of an impact on people with lower incomes?